

# MYRUN TECHNOGYM® TECHNICAL SPECIFICATIONS



RUNNING RATE



RUNNING MUSIC



TRAINING PROGRAMMES



CONSTANT PULSE RATE (CPR)



MYRUNNING LOGBOOK



ADAPTIVE RUNNING SURFACE



ENERGY SAVING



FAST INSTALLATION

**Size:** .....(LxWxH) 1760 x 785 x 1260 mm/ 69.3 x 30.9 x 49.6 in  
**Running surface:** .....(LxW) 1430 x 500 mm/ 56.3 x 19.7 in  
**Running surface height above ground:** .....170 mm / 6.7 in  
**Speed:** .....0.8÷20km/h ± 5% / 0.5÷12.4 mph ± 5% (0.1 mph increases)  
**Incline:** .....0÷12% ± 1%  
**Power requirement:** .....230 Vac ±10% 50/60 Hz  
**Standby energy consumption:** .....less than 0.5 W  
**Motor power continuous duty:** .....220 V– 2.5 HP / 110 V – 3.0 HP  
**Motor power (peak):** .....6.5 HP  
**Weight:** .....92 Kg/202.8 lbs  
**Max user weight:** .....140 Kg/308.6 lbs  
**Suitable for users whose height is:** .....155 – 205 cm/ 5- 6.7 in  
**100% recyclable packaging size:** .....(LxWxH) 1840 x 876 x 364 mm/ 72.4 x 34.5 x 14.3 in  
**Fast installation:** .....approx. 5 minutes

**FAST INSTALLATION (PATENT PENDING)**  
 Custom design and packaging make the DIY assembly process simple and fast. You only need a few minutes to set up and start running.



MyRun App



Bluetooth®



The Wellness Company